



GRAM

d.

, Kathmandu

Website: www.Nepalgram.com

VAT no.: 606733661

Itinerary for Naya Kanga Peak Climbing

Day 1 - Arrival in Kathmandu

Welcome to Kathmandu, our guest representative will receive you at the Tribhuvan International Airport and drop you at your hotel. Overnight in a 3-star hotel in Kathmandu.

Day 2 - Drive to Syapru - trek starting point

To avoid traffic we will move early in the morning to Sybrubensi. We will pass through beautiful sceneries of green lush hills, occasional sight of the snow-covered mountains along with some of the fastest flowing rivers of Nepal. Sybrubensi is the starting point of most of the treks and expeditions in the Langtang region so you can prepare for the trek and shop for any necessary trekking equipment. Overnight in Sybrubensi.

Day 3 - Syapru to Lama hotel - first night in tea house

Walking alongside the Langtang River, we will slowly ascend to Lama Hotel. We will be crossing small quaint Tamang villages with beautiful stone houses and get the first glimpse of the Himalayas. The occasional prayer flags fluttering against the wind on the backdrop of the village look beautiful and provide great opportunities at photography. Overnight in Lama Hotel.

Day 4 - Lama hotel village to Langtang village

Known for its rich flora fauna, this region offers plenty of beauty as we make our way to Langtang village. We will pass through Gumanechok and Ghodatabela before reaching Langtang village. We will cross many small waterfalls and streams, lush meadow before reaching Langtang village from where we will get a view of the Langtang range. Overnight in Langtang Village.



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Day 5 - Langtang village to Kyanjing Gompa Village - Kyanjing is the last village

Of great significance to the residents of this area, the Kyanjin Gompa looks beautiful against the backdrop of grey and white. The Buddhist influence so omnipresent we can see many prayer flags fluttering against the prayer wheel and the small prayer houses that people have built. You can also get views of Langtang Lirung (7227m) and Langtang II (6596m) from the village. Overnight in Kyanjin Gompa.

Day 6 - Acclimatization hike - lots of choices to take

For acclimatization today we will hike up to Tserko Ri (4984m). Through various pastures where yaks can be seen grazing, the sunrise from Tserko Ri is breathtaking. From a height of 4984m, it offers a wonderful view of the valley below and gives a panoramic view of Langtang (7,227m), Yala (5,500m), Shishapangma (8,013) and Dorje Lakpa (6,966m). It is a great time to take some beautiful pictures and after some exploration return back to Kyanjin Gompa. Overnight in Kyanjin Gompa.

Day 7 - Trek from Kyanjin Gompa to Ngegang Kharka 4430m/5hrs,

Following trail lined with juniper shrubs and descending a little to cross the Langtang Khola, we will make our way to Ngegang. This trek gives fabulous views of the Langtang Lirung (7227m) as well as the Langtang glacier. One must keep an eye for spotting various animals rare animals here as there is a plethora of flora and fauna in this region. The snow leopard, red panda, and other species call this region their home. Overnight in Ngegang.



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Day 8 - Trek to Nayakang high camp at 5000 meters above the sea level

We will be walking on steep grounds as we move up to reach the High camp. Rocky icy landscape makes this area particularly tricky to walk on and one must be careful so as to not trip and sprain their ankle. Here too we will have magnificent views of the Himalayas, limited at first but turning into a panoramic view as we reach the top. Mountains include Langtang (7,227m), Tserko Ri (4984m), Yala peak (5,500m) and so on. Overnight in High Camp.

Day 9 - Summit of nayakang and trek down to Kharka

Getting up before sunrise we will start making the ascent. The stars visible in the night sky further motivate us to reach the summit and get glorious views. Following a steep climb from the north side, we will walk for a good amount of time before reaching the summit. With 360 degrees of mountains, this makes for a brilliant photo session and a time to take pride in oneself for having completed it. From the top, we will see the entire Langtang Lirung Massif, the glaciers, Tserko Ri (4984m), Yala peak (5500m), Shishapangma (8013) and Dorje Lakpa (6966m) and so on. Once we spend enough time up here, we will make our way down to Kharka. It has been a long and strenuous day and much rest is needed. Overnight in Ngegang.

Day 10 - Trek back to kyanjing village - back to the tea house

A relatively short trek today, we will descend down till we reach a suspension bridge and cross the Langtang River. We will then ascend for a while with beautiful scenery before reaching Kyangin Gumpa. We pass across the Chhona Lake as we follow the trail descending to Kyanjin Gumpa. The splendid mountains will accompany throughout the trek. Overnight in Kyanjin Gumpa.

Day 11 - Trek to Syapru



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We will pass few Sherpa and Tamang village and some pasture lands with yaks as we make our way to Syapru. We will mostly be taking downhill through forests of oaks and rhododendron with various wildflowers blooming as we end the trek for the day. We will follow the Langtang Khola for the entirety of the trek. Overnight in Syapru.

Day 12 - Drive to Kathmandu

From syapru we take jeep/bus to Kathmandu. It will be 5 to 7 hours ride. If you want to hire private jeep - please mention in your booking request.

Day 13 - Departure

Our representative will drop you to the airport, ending your journey in Nepal. We hope to be of service to you again. Thank you and safe travels.