



## Itinerary

### Day 1

#### Arrive in TIA, Kathmandu

Arriving at the Tribhuvan International Airport, Kathmandu you will be received by the representative staff from Destination Nepal Trek. From the airport you will be transferred safely into the hotel. In the hotel you will be welcomed with evening dinner. Stay overnight at hotel.

### Day 2

#### Sightseeing in Kathmandu

Knowing the importance of sightseeing in Kathmandu, without any delay and carelessly we will set out for the sightseeing. Sightseeing includes most of the World Heritage Sites counting Swyambhunath, Pashupatinath, Bouddhanath with Kathmandu, Patan and Bhaktapur Durbar Squares. We will be more focused on the religious, spiritual and artistic values. It is for sure that accomplishing the sightseeing you will be aware about the social, political and religious state of Nepal since most of the durbar squares are affected by the Earthquake 2015. Then, you will return to hotel and start to prepare for the trek. Stay overnight at hotel.

### Day 3

#### Official formalities and preparation

On this day you will work on official formalities but it would not be hectic since we have worked on the paper in more organized way. Completing all the arrangements you will return to the hotel and pack your baggage. Stay overnight in hotel.

### Day 4

#### Flight to Lukla and trek to Phakding

On the 4th day of Pumori Expedition you will drive to TIA from where you will take a flight to Lukla. You can observe high mountains, rivers and other beautiful scenery. Within 30 minutes of journey you will arrive in Lukla airport. From there you will start to walk Phakding and then enter into the lodge. Stay overnight in lodge.

### Day 5

#### Trek to Namche Bazaar

This is the day where you go round from Phakding to Namche bazaar (3,400m), consuming 3-4 hours of time frame. Arriving at Namche Bazaar you will roam around the traditional villages just like Khunde and Khumjung. You will be amazed to view the monastery which contains Yeti Skull and then, finally you will arrive to Namche Bazaar, the busy bazaar. Stay overnight at guesthouse.



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## Day 6

### Acclimatization day

This is supposed to be the initial acclimatization day at Namche Bazaar as you are heading in new atmosphere your body cannot resist the prompt change. So, this is the way to adjust yourself along with your physical state. Today you will not carry out extensive stroll and will take rest if possible make sure that you walk nearby areas by visiting Khumjung. Stay overnight in guesthouse.

## Day 7

### Trek to Dole

On the next day you will finish the trek and start to move further heading to Dole after getting acclimatization. It is positioned at an elevation of 4,200 meter. The trekking trail will illustrate the mode to Sherpa village all the way through the villages of Pangla, and Luza. The entire journey takes 5 to 6 hours of duration. Stay overnight in lodge.

## Day 8

### Trek to Machermo

Leave taking from Dole the journey move towards the Machhermo (4,470m) and it consumes 4 to 5 hours by soaring up all along facing valley and Rhododendron. The trail will take you into trail making you pass several summer measures, grazing land. The wonderful view of Cho Oyu in front of you will make you delighted where you can too outlook Thamserku and Khantega. Stay overnight in lodge.

## Day 9

### Trek to Gokyo

On the following day you will start to move to Gokyo Lake (4,790m) which is a blessed land. After the charming trail to Pangka you will go up vertical rocky by the face of the glacier. You will envelop up the initial, second and third lakes. Then, be ready to see the enclosed and marvelous Gyachung and Cho Oyu whose manifestation can be screened in water. Stay overnight in tented camp.

## Day 10

### Trek to Mt Cho Oyu Base Camp

From the Gokyo you will set out to trek the Mount Cho Oyu Base Camp by waking up early. It is positioned at an elevation of 5,000 meter with the advanced Base Camp at the elevation of 5,700 meter. The actual ascending sets us from the Base Camp at Camp I (7,000m). Stay overnight in tented camp.

## Day 11

### Rest day for preparation



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On the following day you will get as a part of acclimatization which can be said as 2nd acclimatization day where you will stay in the camp and see the nearby sights. To ascend debate you need acclimatization. Stay overnight in a tented camp.

Day 12 to Day 41: Climbing period for Mt Cho Oyu Expedition (8,201m) and return to Base Camp

Arriving at the Mt Cho Oyu Base Camp the actual phase of Cho Oyu Expedition starts to begin. From today and the day after today you will focus with full preparation with well training you will move progressing. It is true that at first you will concentrate for ascending High Camp but side by side your main goal should be for the Summit you need to have willpower and stamina. So, you will scale up to High Camp after completing the preparation given by our experienced professionals. You will enjoy ascend but at the same time you need to be alert since you are moving into the glacier trail. Completing the High Camp it's time to attempt the Summit (8,201m) following the technical tips with passing two camps. Then, with progressing journey accomplishing the Summit you will return to the Base Camp. Stay overnight in tented camp.

Day 42: Trek back to Gokyo

From the Base Camp you will trek back to Gokyo and explore around it. Gokyo is another pleasing destination to start the trek so you will have immense things to look around here. Stay overnight in tented camp.

Day 43: Trek to Dole

Once again from Gokyo you will move to Dole and from Dole you will head to Namche Bazaar on the next day so today you will stay at Dole, viewing the natural scenery. Stay overnight in lodge.

Day 44: Trek to Namche Bazaar

On the following day you will stroll back to Namche Bazaar from Dole and since you are already familiar with the setting of Namche it would be easy for you to stay and roam around the village. You can talk with the villagers and buy handmade things crafted by them. Stay overnight in lodge.

Day 45: Trek to Phakding

Collecting the good experiences at Namche Bazaar today you will move to trek to Phakding. Phakding is a beautiful village which is sufficient to give you the picture of simple village and humble native staying here. Stay overnight at lodge.

Day 46: Trek to Lukla

From Phakding you will set up for the trek to Lukla, which is supposed to be the gateway to Mount Everest. You can go for an excursion close to the village called Bom



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(3,000m). The interesting airport of Lukla is not compulsory but then if the trekkers wish to visit then it is included in the trek as well. As this is the last day of the trek you can spend it happily. Stay overnight at hotel.

## Day 47: Flight to Kathmandu

On the following day you will take a flight from Lukla to Kathmandu after accomplishing the adventurous trip. Even the flight to Kathmandu will bring lots of delightful things that you could not stop yourself from smiling. From the airport you will be transferred to hotel and you can cherish those precious moments lying on the comfortable bed. Stay overnight in hotel.

## Day 48: Free day and farewell program

This is considered as free day since you have involved yourself in extensive trekking your body should take rest. In the evening you can move out but we request you to return soon as we are organizing a farewell program which includes cultural programs and dinner. Enjoy to the fullest you will pack your baggage since you will be leaving on the next day. Stay overnight in hotel.

## Day 49: Departure!!!!

This is the concluding day where you will check out from the hotel. You will be transferred into the Tribhuvan International airport, Kathmandu by the representative staff from Destination Nepal Trek. No matter how long you stay in Nepal throughout this tour package we will remember you and look forward to receive you very soon.



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