



## Itinerary

### Day 1

#### Arrival

Arrival in Kathmandu 1334m, Representative will pick up you from Kathmandu International airport – transfer to hotel and Dhampus peak climbing briefing with officially arrangements. overnight at Kathmandu hotel.

### Day 2

#### Permit preparation & sightseeing

During this day you can excursion or sightseeing around Kathmandu valley and preparation for Dhampus peak climbing. Overnight at Kathmandu Hotel.

### Day 3

#### Kathmandu to Pokhara (915m)

After breakfast, Kathmandu to Pokhara (915m) by tourist bus or by flight . Tourist bus drive approximately 8 hours, by flight 35 minutes only. Overnight at pokhara.

### Day 4

#### Drive to Nayapul (1070m)

After breakfast drive to Nayapul (1070m) drive approximately 1: 30 minutes and trek to Hile / Tikhedhunga (1577m.). walk approximately 45-5 hours.

### Day 5

Trek from Hile to Ghorepani (2855m). walk approximately 5-6 hours.

Trekking today will be a easy start in the beginning and after an hour – trekking trail becomes steep uphill. Today's trekking trail passes through the local villages and ends at jungle trail.

Jungle walk and tea houses close from the tea house we stay will make today's trek a best 2nd day trek.

### Day 6

#### morning hike to Poon Hill 3210m

Early in the morning hike to Poon Hill 3210m for superb Himalayan scenery including the Dhaulagiri 8167m, Nilgiri 7041m, Fishtail/Machhapuchhare 6998m, Annapurna I 8091m, Annapurna II 7939m , Annapurna III 7555m, Annapurna IV 7525m, Annapurna south 7219m, Hiunchuli 6441m, Lamjung Himal 6986m, Tukucho peak 6920m etc , breakfast at ghorepani and continue trek to Tatopani /Natural hot spring (1189m),

### Day 7



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Trek to Ghasa (2010m). walk approximately 5-6 hours.

Day 8

Trek to Marpha (2670m). walk approximately 6-7 hours.

Day 9

Trek to Yak Kharka (3680m). walk approximately 5-6 hours.

Day 10

Trek to Dhampus Base Camp (5100m). walk approximately 5-6 hours.

Day 11

Trek to High Camp (5600m).

Climbing guide will teach you how to fixed the rope, how to blay the rope, how to ascend, how to descend etc. walk approximately 4-5 hours.

Day 12

Summit day

Dhampus peak (6012m) summit and back to Dhampus peak base camp. walk approximately 6-7 hours Overnight at O/N Tented Camp.

Day 13

Trek to Yak Kharka (3680m). walk approximately 5-6 hours.

Day 14

Trek to Marpha (2670m). walk approximately 5-6 hours.

Day 15

Trek to Jomsom (2710m). walk approximately 4-5 hours.

Day 16

Jomsom by fly back to Pokhara. flight approximately 25 minutes, transfer to hotel.

Overnight at Pokhara

Day 17

Pokhara back to Kathmandu

After breakfast , Pokhara back to Kathmandu by tourist bus or by flight. Overnight at kathmandu.

Day 18

Departure



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