



Itinerary

Day 1

Welcome on Arrival in Nepal

- Altitude – 1350 meters
- Time – 30 minutes hotel transfer time
- Activity – Relax at hotel

We will receive you at the international airport on your arrival. After meeting you at the airport, we will assist your hotel transfer and check in, till then you will be informed about trip starting on the next day.

Day 2

Drive to Syaprubensi/Langtnag valley trekking start point

- Altitude – 2380 meters
- Special – Amazing landscapes of river valley, vilages and mountains
- Time – 6 to 8 hours
- Activity – Relax at local guest house with local hospitality

6 to 8 hours' drive from Kathmandu to Syaprubesi will give better insights of life in Nepal. For your traveling experience, your lunch will be in the local places and you will have ample of time to witness things of your interest, during your drive. Drive duration has amazing landscape of river valley, scattered villages, White Mountains and regular life along the road. On arrival, we will stay in the local guest house with local hospitality.

Day 3

Trek to Sherpa Gaun, 6 hours

- Altitude – 2500 meters
- Special – River valley, mountains and Sherpa village
- Time – 6 hours
- Activity – Trekking uphill

Starting trek from the low land by the lake at 800 meters or 2624 feet we will hike uphill to get to Sherpa gaun. Trek starts by the river and ascends slowly uphill and the river valley looks awesome and beautiful with time. Getting near to Sherpa Gaun the trail is in the best position to see village of the mountain, snowcapped mountains and astonishing beauty of the landscape of Langtang valley. Part of Gosaikunda lake trekking trail can be seen, as well. Sherpa gaun means Sherpa village and it is beautiful with itself.



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Day 4

Sherpa village to Thangshyap

- Altitude – 3200 meters
- Special – beautiful forest with stunning mountain view
- Time – 7 hours
- Activity – Trekking in the jungle

7 hours hike from Sherpa gaun to Thangshyap takes us inside the forest. The beautiful forest with stunning Mountain View; Langtang valley trekking trail of the day, has picturesque scenery and the chirping of the birds. Along the trekking today, we will meet the river we started our trek yesterday. Trekking is inside the dense forest in the mid-day; however, towards the end when we get to Thangshyap, we will get to no tree line zone. Thangshyap is beautiful pasture land of Sherpa community. Village has view of snowcapped Mountains. The chance of meeting yaks or naks is more but not certain, as yak shed migrates according to season.

Day 5

Kyangjing village 3900 meter or 12792 feet – last destination of the trek

- Altitude – 3900 meters
- Special – view of mountains from kyangjing and glacier near ganja la pass
- Time – 3/5 hours
- Activity – Walking in the easy trail

3 to 5 hours of hiking from to the last destination of Langtang valley helicopter return trekking trip is a best. Walking in the no tree line zone, today will be a walk day in between the mountains. Once we get to kyangjing, we will be in position to touch the mountains. Snowcapped mountains will be so close from Kyangjing. As the trail of today's trek is moderately easy trail, you can have your time to explore around the village. Laying glacier near Ganja la pass is stunning view near the village. If you have energy to walk more than just around hike to the glacier of Langtang lirung, it is huge; mind the trail is not identified and might be tricky with big boulders. Hiking around with your trekking guide is recommended.

Day 6

Excursion – Side trips of your choice and stamina/fitness

- Altitude – 4700/5000 meters
- Special – Tsergu ri and Kyangjing ri, base camp of yala peak and Nayakang peak, cheese factor and glacier
- Time – 45 minutes/ 1 hour
- Activity – Hiking and exploring the surrounding



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Views of the mountains are close from Kyangjing village itself. But if we trek higher to 4700 meter or 5000 meter the view will be even more amazing. From kyangjing at 3900 meters or 12792 feet to; either Tsergu ri at 5000 meter or 16400 feet OR to Kyangjing ri at 15416 feet or 4700 meter will be a long walk but the best walk of all time. Although, you are flying above these mountains, tomorrow take this hike and conquer yourself. Apart from these two-hiking destinations there are few other options of excursion day, they are as follows and can be decided with your trekking guide:

- Explore the village, cheese factory & Kyangjing monastery
- Hike to Langtang glacier – a short hike
- Trek towards Langsisha kharka – as long as you wish to go – Langsisha kharka is towards a high pass trekking trail route
- Kyangjing ri hike
- Tserguri trekking
- Trek to the base camp of Yala peak
- Trek to the base camp of Nayakang peak

Day 7

Fly back to Kathmandu by Helicopter

- Altitude – 1350 meters
- Special – Amazing view from top of helicopter
- Time – 1 hour and 30 minutes
- Activity – Flying in helicopter

In the morning, we will take helicopter back to Kathmandu. All the memories of ground trekking scenery will be added with air view of those mountains and more. The top view is amazing, you will love it. On arrival at Kathmandu, we will drop you to your accommodation. Take a massage or go on a tour with us. We have plenty of trekking trip extension program; you may choose one of the best suits for you.

Day 8

Departure

With beautiful & ugly time spend together; time has come to farewell you. We will drop you at the airport for your departure to next destination or home. Keenly looking forward for another adventure together!!!



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