

# Poon hill Trek 3 Days Itinerary in Detail

## Day 1

**Drive to Nayapul and Trek to Hile(1440m); 4 hours approx, Poon Hill Trekking Begins.**

- Altitude – 1440 meters
- Special – View of mountains during the hike
- Time – 4 hours trek
- Activity – Walking inside the Annapurna Conservation Area

After breakfast we will leave for Nayapul passing Sarangkot, Poon Hill trekking begins. Sarangkot is this place from where the paragliders take off their flight and also you will get amazing views of Annapurna South, Hiunchuli, Fishtail and also the lake and the city. Nayapul which literally means ‘new bridge’ in Nepali is our starting point and after walking less than 2km we will get to Birethanti which is check in and out point for the trekkers trekking around Annapurna Conservation Area. After making Poon Hill entry, we will be walking by lush green country side hiking along Burungdi Khola which take 4 hrs. to Hile at 1440m. Hile will be stop place for tonight.

## Day 2

**Trek from Hile to Ghorepani(2880m); 7 hours approx.**

- Altitude – 2880 meters
- Special – View of Annapurna South, Hiunchuli and Machhapuchhre and the beautiful Ghorepani
- Time – 7 hours
- Activity – Walking through the Rhododendron forest

After crossing some terrace fields we will get to Tikhedhunga which literally means ‘sharp stone’ in Nepali from where the trail initially descends down to the river to cross a suspension bridge. Then the trail ascends for 550m’s all steps, which is famous as 3500 big steps up to Ulleri. Steps start right after a suspension bridge.

Ulleri is the biggest Magar settlement around this region. You will get a stunning view of Annapurna south and Hiunchuli towards north from Banthanti. After 2 hrs. walk to the North we will get to Nangethanti which literally means “naked rest place”. Most of the trekkers have lunch at this place for today. We will be walking through oak and rhododendron forest.

After lunch its 2 hours easy climb to get to Ghorepani village through rhododendron forest. When you get to the welcome gate; don’t get confused, its lower Ghorepani and after walking for another 20 minute we will get to Ghorepani. We will walk more steps. Ghorepani literally means “water place for horses “. This Poon Hill trekking route used to be a trading route for the traders trading Himalayan salt, yak products

and souvenir from Tibet to the nearest cities. When you get to the teahouse you will get the amazing Poon Hill view of the valley with mountains popping out behind the hills. Believe it or not you will get shocked with the beauty of the nature in front of you.

### **Day 3**

#### **Early hike to Poonhill (3210m) & trek down to Ulleri village and drive back to Pokhara; 5 hours approx..Poon hill trek ends**

- Altitude – 3210 meters
- Special – Sunrise with view of eye-catching mountains
- Time – 5 hours
- Activity – Trekking back and jeep ride and relax at hotel in Pokhara

In the early morning we will start our hike to Poonhill (3210m) for sunrise. Catching the sun rise from Poon Hill is breathtaking. To witness this fabulous moment you will have to trek to Poon Hill at the crack of the dawn for approximately 1.5 hours.

The entire region is surrounded by snow-capped peaks rising above the horizon. Trail to Poonhill is all steps through the rhododendron forest. Poon Hill Trekking in Nepal during fall gives interesting scenery of rhododendron forest in varieties of color, so does this Poon Hill trekking trail. Once you get to the top of Poonhill; this is going to be the maximum elevation you are climbing on this trek. From here you will see a very beautiful view of the mountains in dawn.

When 1st ray of the sun hits the snow on top of mountains, golden hour kicks off. You are going to see two of the 8th thousander Mt Dhaulagiri (8163m) and Mt Annapurna I (8091m), also you will witness the beauty of Mt Fishtail (Macchapuchhre), Mt Nilgiri, Mt Gangapurna and many others. Also being listed on best viewpoint around the world, Poonhill trek is one of the sunrise treks in Nepal you don't want to miss. After sunrise we will head back to teahouse for breakfast. Then we will be taking the same trail down to Ulleri. From Ulleri we will take a jeep which will get us to the hotel in Pokhara.

Overnight at LakeSide Pokhara

Time has come the end of the trekking and farewell with you. Thank you for being our friend for 3 days Poon Hill trek. Wish you all the best for rest of the travel hoping to see you soon.