



## Daily itinerary for Amadablam peak climbing

### Day 1

Welcome on arrival and transfer to the hotel at 1350meters

Hotel with BB Plan Pick up included

### Day 2

Expedition preparation and introduction in between guides and clients

Hotel with BB Plan Around an hour meeting

### Day 3

Fly in Lukla airport at 2600 meters and trek to Phakding village 2600 meters

Tea house with B,L,D 25 minutes flight and 3 hours trekking 4 kilometer trekking distance

### Day 4

Phakding village to Namche Bazaar (3,440m) for unbelievable change in trekking scenery.

Teahouse with B,L,D 9 hours of trekking 12 kilometer trekking distance

### Day 5

Acclimatization day with impressive hike uphill to Everest view hotel 3880 meters and sleep overnight at Namche

Teahouse with B,L,D 3-6 hours of trekking 2-4 kilometer trekking distance

### Day 6

Trekking from Namche bazaar to regions famous - Tyangboche Monastery (3,860m)

Teahouse with B,L,D 6 hours of trekking 5 kilometer trekking distance

### Day 7

Trek to Amadablam Base Camp

Trekking from monastery to Ama Dablam Basecamp (4,450m) with the best approaching view of Mt Amadablam Teahouse with B,L,D 5 hours of trekking 5 kilometer trekking distance

### Day 8

Rest day with acclimatization hike at Basecamp with necessary Preparation

Teahouse with B,L,D

### Day 9

Amadablam peak Climbing Period [Base Camp – camp 1 at 5700m - yellow tower -



Phone

+977-9841046094 (Arun-24/7)



WhatsApp

+977-9841046094



[Nepalgram.official](https://www.instagram.com/nepalgram.official)



Viber

+977-9841046094



# Nepalgram Adventure

License: 2739 | VAT:606733661

Email: [nepalgramofficial@gmail.com](mailto:nepalgramofficial@gmail.com) | [mail@nepalgram.com](mailto:mail@nepalgram.com)

camp 2 - Ama Dablam Summit (6,812m) – Base Camp]  
Tent with B,L,D

Day 10- Day 26

Trek from Amadablam Base Camp to Namche Bazaar (3440m) with loaded adventure stories

Teahouse with B,L,D 7 hours of trekking 10 kilometer trekking distance

Day 27

Trek back to Lukla - Tenjing Hillary airport

Teahouse with B,L,D 6 hours of trekking 16 kilometer trekking distance

Day 28

Fly from Lukla to Kathmandu & transfer to the Hotel

Hotel with B,B

Day 29

Departure with Nepalgram Adventure farewell

Breakfast included



Phone

+977-9841046094 (Arun-  
24/7)



WhatsApp

+977-9841046094



[Nepalgram.official](https://www.instagram.com/nepalgram.official)



Viber

+977-9841046094