



Detailed itinerary for Everest panorama view trek

Day 1

Fly to Lukla; trek to Phakding; 25 minutes flight, 4 hours hike

- Altitude – 2610 meters
- Special – Scenic view from plane and during trek
- Time – 4 hours and 25 minutes
- Activity – Flying in plane and hiking

We will assist you to catch the flight to Lukla from Domestic terminal of Kathmandu airport. Our vehicle will pick you from your hotel, prior to your flight. Short flight of less than 30 minutes in a small plane, which accommodate less than 14 passengers, will take us to Lukla and the trek to Everest panorama view trek begins towards Phakding village, for the day.

Day 2

Trekking from Phakding to Namche Bazar; 8-9 hours hike

- Altitude – 3440 meters
- Special – Namche and Durpin Danda
- Time – 8/9 hours
- Activity – Hiking through suspension bridges along with the river valley

Being long hiking day from Phakding to Namche, trekkers can enjoy the pristine nature. Trekking along the river valley, with pine trees & crossing the same river for 5 times, makes memorable trekking day. The high rises ed suspension bridge of larche Dovan and 1st Everest view point before Namche at Durpin danda are attraction for the day.

Day 3

Namche Bazaar acclimatization hike to Everest view hotel; 3-7 hours hike around

- Altitude – 3962 meters
- Special – Hotel Everest View
- Time – 3/7 hours
- Activity – Hiking 3 hours or upto 7 hours as opted.

To acclimatize your body for the altitude, we hike for 3 hours at least. However, if you want to hike for whole day there are plenty of options; you can opt for whole day hike if your body desires. Trekking guide can make the plan with you, on previous evening, for the day hike to the different options for the hike in nearby landmarks; if not you will follow a general hiking option to Everest view hotel. From 3880 meter above the sea level, Everest view hotel gives, outstanding view of Mt Everest and the neighboring mountains. As the principle of acclimatization, you will walk back to Namche and stay overnight.



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Day 4

To Tengboche Monastery; 5 hours hike

- Altitude – 3860 meters
- Special – Puja ceremony at tengboche monastery and view of many mountains including Mount Everest
- Time – 5 hours
- Activity – Hiking through the trail of famous Everest Base Camp Trek

Trekking from Namche to Tengboche is considered as the best hike in entire Everest base camp trekking route. To proof this fact; easy trekking trail build by Tsering (an old man whom you will meet on the trail), view of Everest for all most entire day, Tengboche monastery, puja ceremony at the monastery, walk by the side of the towering mountain, view of the valley all the way ranging to Lukla airport, sunset view over Everest from Tengboche, Memorial at Tengboche, Jungle walking, Rhododendron forest and many more might be enough before you witness the scenery yourself.

You will hike from Tengboche to a nearby hill to gain height more than 4000 meters above the sea level. From the view point you will be able to see Everest on your level and a glacier by the cliff side, glacier of Mt Thamsherku and Mt kangtega together.

Day 5

Trek back to Namche from Khumjung and Khunde village tour; 6 hours hike

- Altitude – 3840 meters
- Special – Khunde Village Tour
- Time – 6 hours hike
- Activity – Trekking

After closes view of Everest and beautiful memories from Tengboche monastery, we will trek back to Namche. In this day hike to Namche, we take route from Khumjung village. Here we visit the Khumjung school, Khumjung Monastery and see scalp of Yeti.

Day 6

To Lukla; 8-9 hours hike

- Altitude – 2610 meters
- Special – Celebration day on successful trek
- Time – 8/9 hours
- Activity – Hiking through mostly flat and downhill trail

Trekking back to Lukla by the same route on our way up to Namche is a flash back and easy trek, mostly flat and downhill. Once we get to Phakding village (1st night destination), we start hiking uphill for 200 meters height gain. This uphill is the last beat towards the end of the trek; push you, if needed. Hike in Everest is done from today. Cheers your drink with porters and guide, and enjoy your last night in the foot of Everest.



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Day 7

Fly back from Lukla to Kathmandu; 25 minutes flight

- Altitude – 1380 meters
- Special – Scenic view from plane
- Time – 25 minutes of flight
- Activity – Flying in plane

Taking off of Lukla airport is nice and beautiful. Small airport of Lukla and busy staff and line of passengers waiting to get out of Everest is less impressive than the scenery you will witness from the window of small airplane. On arrival at Kathmandu, we will assist you to get back to your accommodation.



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