



## Dudh Kunda Lake Trekking Itinerary

### Day 1

**Arrival at Kathmandu international airport, our company representative will assist you to transfer to your hotel. Tonight Dudh kunda trekking briefing by your guide.**

- Altitude – 1380 meters
- Time – 30 minutes hotel transfer time
- Activity – Relax at hotel

### Day 2

**Fly from Kathmandu to Phaplu and trekking to Ringmo.**

- Altitude – 3660 meters
- Special – view of different rivers from bus and exploration of natural beauty
- Time – 12/13 hours
- Activity – Travelling in bus and walking through rhododendron forest

### Day 3

**Hike from Ringmo to Sarsar Beni**

- Altitude – 3800 meters
- Special – View of mountains and wildlife
- Time – 5/6 hours
- Activity – Trekking through steepy trail

### Day 4

**Trekking from Sarsar Beni to Dudh Kunda (4560m), back to Sarsar Beni**

- Altitude – 4560 meters
- Special – blue tinged water lake and dudh kunda itself
- Time – 10/12 hours
- Activity – Walking uphill and downhill while coming back

### Day 5

**Trek from Sarsar Beni to Junbesi**

- Altitude – 2675 meters
- Special – panoramic view of Himalayas
- Time – 5/6 hours
- Activity – Trekking



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## Day 6

### Trek from Junbesi to Phaplu

- Altitude – 2413 meters
- Special – view of mountains and greenery
- Time – 10/12 hours
- Activity – Trekking

## Day 7

### Fly from Phaplu to Kathmandu international airport, Hotel (B/B)

- Altitude – 1380 meters
- Special – Scenic view from the plane
- Time – 30 minutes
- Activity – Flying in plane

## Day 8

### We will drop you to TIA for your final departure.

- Altitude – 1380 meters
- Time – 30 minutes airport transfer time
- Activity – Flying back to origin

Our itinerary and package are sample to guide your holiday plan, always feel free to ask us for the proper planning of your holiday, and provide your expectation and matter of interest.



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